

## EYES UP

Is your ceiling painted white? If your answer is yes, you are not alone. Most people consider the ceiling to be just a ceiling. It is a flat surface a few feet above your head. To me, on the other hand, it is an area that can be used to create a more attractive home element.

Let's begin with your bathroom. You have beige tiles on the walls and floor. The fixtures are beige with nickel hardware. Why not make your ceiling plum colored, and complement it with plum colored towels and bathmat? It will provide an interesting look, and add warmth to the bathroom.

You may have a dramatic lighting fixture in your front entry foyer or in your dining room. If you surround the fixture with a medallion it would give more dimension to the ceiling, and add more drama to the fixture. The medallion does not have to be the same color as the ceiling; it could function as an additional accent coordinated with colors in the room.

Crown molding draws attention to the ceiling by outlining it and making it feel less flat. It can be one to two shades lighter than the walls or a contrasting color can be used. The crown molding will provide more interest to the room because your eyes will not only travel down and around, but they will also travel upward.

A kitchen is filled with cabinetry, tile, granite and windows. An excellent way to create warmth in the room is with the use of wallpaper on the ceiling. Many of my clients have asked if wallpaper on a ceiling is out of style? My response is always the same, since there is very little wall space in the kitchen, the ceiling becomes the canvas for color and pattern.

Dressing the ceiling adds more interest to the space. It is like a woman accessorizing with a necklace and earrings. The jewelry brings the eye upward and accents her outfit. In addition, if your walls are ten or more feet high, you can create a more dramatic feeling by upgrading to a vaulted, tray or coffered ceiling.

Your ceiling does not have to be just a ceiling. It can be used to complement the rest of the living space. Think of it as the icing on the cake.

Wendy Lepkoff - Wendy Interiors

## ANSWER TO BASEBALL TRIVIA

The first game of the 1940 season, Bob Feller, of the Cleveland Indians, no hit. The White Sox, the Chicago players entered the batting .000 and finished the same batting .000.

## MEATLOAF RECIPE

### INGREDIENTS:

- 1 package Lipton Onion Soup Mix
- 2 pounds lean ground beef
- 1 large egg
- 2/3 cup milk
- 3 Tablespoons catsup
- 3 Tablespoons brown sugar
- 1 Tablespoon yellow mustard

### METHOD:

1. Preheat the oven to 350F.
2. Mix the onion soup mix, ground beef, egg and milk together.
3. Form the combination into a well packed loaf shape in a 13 X 9 X 2 loaf pan.
4. Combine the rest of the ingredients and spoon onto the top of the meatloaf.
5. Bake uncovered, for about an hour. When done, take the meatloaf out of the pan and place on a serving plate. Let stand for 10 minutes before slicing.

This is a meatloaf recipe you'll use again and again, enjoy!

Executive Chef Mario Coiro